**Coach: Edmond Khoo**

*Coachee S/No.: 807*

*Period of Coaching: Nov 2020 to May 2021*

*Number of Sessions: 6*

*Number of Hours: 10.5*

*Average Duration per Session: 1 hour 45 mins*

TESTIMONIAL

*by Coachee who is an Assistant Director, Public Sector Organisation, Singapore*

At a time when I was transitioning to a new and higher leadership role, and at the same time managing my work-life balance, health and family relationships, the coaching sessions with Edmond were highly supportive and timely. Edmond’s lucid coaching style was a great mix of empathy and nudge towards self-reflection and shift thinking. The instant rapport and trust level we had, made the sessions authentic and fruitful, with good exchange of perspectives and experiences that expanded and challenged my thinking, besides providing reassurance. I liked the way Edmond steered the sessions towards the goals I had set out for myself in a natural and fluid manner that made the sessions effective. I am very grateful and feel privileged and humbled for being coached by Edmond, given his experience and flair for coaching. The whole experience has enabled me to step up to the challenges in my professional and personal life, inspiring me to pay it forward. I would definitely recommend Edmond’s coaching for colleagues that are transitioning to a higher appointment, especially those involving a high degree of change management. Thanks, Edmond for the highly enabling sessions and above all the friendship I can turn to when I need some shared wisdom.